



Speaker Series

Skidway Lake Branch
Library



OCTOBER 3 -- ~~DECEMBER 14~~, 2026 |
MONDAYS | 10:45AM

OCTOBER 5TH- HEALTHY EATING- LOW CARB EATING
AMY CLAYTON RN -
PUBLIC HEALTH COORDINATOR DISTRICT HEALTH
DEPARTMENT NO. 2

OCTOBER 12, 2026-ADVANCE DIRECTIVE ASSISTANCE.
10:30AM-2:30PM WALK IN PROGRAM. PLEASE BRING
YOUR ID AS YOU WILL BE FILLING OUT YOUR FORMS.

OCTOBER 19, 2026- NEMSCA'S WINTERILIZATION AND
WATER PROGRAMS

AMANDA BERGERON

OCTOBER 26, 2026- VOLUNTEER OPPORTUNITIES FOR
OLDER ADULTS. FOSTER GRANDPARENTS AND SENIOR
COMPANION VOLUNTEER PROGRAM

HEIDI POWERS

NOVEMBER 2, 2026- HEALTHY EATING- REDUCED SALT
EATING

AMY CLAYTON RN -
PUBLIC HEALTH COORDINATOR DISTRICT HEALTH
DEPARTMENT NO. 2

NOVEMBER 9, 2026- UNDERSTANDING FAKE NEWS,
UNDERSTANDING RELIABLE WEBSITES.
JENNNY LUZAR - IRESA ADULT EDUCATION

NOVEMBER 16, 2026- DEALLING WITH HOLIDAY
DEPRESSION
DAWN MILLER-WILES- PARTNERS IN CHARGE

NOVEMBER 23, 2026- HOLIDAY FOOD SAFETY
KAREN FIFIELD
MSU EXTENSION EDUCATOR, FOOD SAFETY

NOVEMBER 30, 2026 - UNDERSTANDING DIABETES
CHARITY SISCO MS RDN CDCES
DIABETES EDUCATION COORDINATOR
MYMICHIGAN HEALTH PARK - WEST BRANCH

DECEMBER 7, 2026 - HEALTHY EATING- HOLIDAY TREATS
AMY CLAYTON RN -
PUBLIC HEALTH COORDINATOR DISTRICT HEALTH
DEPARTMENT NO. 2

DECEMBER 14, 2026- HOLIDAY FRAUD-
DENISE POLTZ
NORTHLAND CREDIT UNION